ALL PARTICIPANTS MUST FOLLOW THE HEALTH DEPARTMENT’S COVID-19 GUIDELINES. MASKS MUST BE WORN FOR ALL INDOOR PROGRAMS AND ARE OPTIONAL FOR OUTDOOR.

**Boys’ Basketball Camp**

**DATES:**  June 7-10  
**TIME:**  Grades 3-5  8:00–9:30 am  
Grades 9-12  9:30–11:00 am  
Grades 6-8  11:00 am–12:30 pm  
**PLACE:**  SLHS Gym  
**REGISTRATION:**  Camp Registration  
**FEE:**  Resident Grades 3-8 $20.00 (shirt extra)  
Non-Resident Grades 3-8 $35.00 (shirt extra)  
Resident Grades 9-12 $30.00 (shirt included)  
Non-Resident Grades 9-12 $45.00 (shirt included)  
**INSTRUCTORS:**  Boys’ Basketball Coaching Staff  
Instruction will include ball handling, passing, shooting, offensive moves, individual defense and team offense and defense.

**Girls’ Basketball Camp**

**DATES:**  June 7-10  
**TIME:**  Grades 3-5  1:00–2:30 pm  
Grades 9-12  2:30–4:00 pm  
Grades 6-8  4:00–5:30 pm  
**PLACE:**  SLHS Gym  
**REGISTRATION:**  Camp Registration  
**FEE:**  Resident $20.00  
Non-Resident $35.00  
**INSTRUCTORS:**  Girls’ Basketball Coaching Staff  
Instruction will include ball handling, passing, shooting, defense, team skills instruction in a fun atmosphere, where all levels of experience are welcome.

**Basketball Shooting Camp (Co-ed)**

**DATES:**  June 23–25  
**TIME:**  Grades 7-10  9:00–11:00 am or 11:00 am–1:00 pm  
**PLACE:**  SLHS Gym  
**REGISTRATION:**  Camp Registration  
**FEE:**  Resident $25.00  
Non-Resident $40.00  
**LIMIT:**  24 campers (first come, first served)  
**INSTRUCTORS:**  Basketball Coaching Staff  
This camp will be strictly a shooting camp. Time will be spent on the fundamentals and techniques of shooting. Individual video will be used as an instructional tool.

**Cross Country Running & Skills Camp**

**DATES:**  July 26-29  
**TIME:**  Grades 4-8  4:00-5:30 pm  
Grades 9-12  5:30-7:00 pm  
**PLACE:**  SLHS – Meet in front of Aquatic Center  
**REGISTRATION:**  Camp Registration  
**INSTRUCTORS:**  Coaches Andres, Mitchell and HS Runners  
**FEE:**  Resident:  $20.00  
Non-Resident:  $35.00  
This camp will teach the basics of distance running, conditioning, and proper dietary and health considerations for athletes. Camp participants will be divided into ability groups based on age, experience, and conditioning. Registration fee includes, daily snacks, instruction, materials, and entry to the 3k or 5k Trail Race.

**Cheerleading Camp**

**DATES:**  June 21-24  
**TIME:**  Grades 3-8  9:00-10:30 am  
**PLACE:**  Grabinski Field  
**FEE:**  Resident $20.00 (shirt extra)  
Non-Resident $35.00 (shirt extra)  
**INSTRUCTORS:**  Cheer Coaching Staff  
**REGISTRATION:**  Camp Registration  

**Intro To Diving**

**DATES:**  June 14-18  
**AGES:**  8-14 years old (Limited Enrollment)  
**TIME:**  1:00 – 2:00 pm  
**PLACE:**  SLCFAC  
**REGISTRATION:**  Camp Registration  
**INSTRUCTOR:**  Coach Kelly  
**FEE:**  Resident:  $60.00 (shirt included)  
Non-Resident:  $75.00 (shirt included)  
Student MUST be able to swim 25 yards. This program for beginners will focus on basic fundamentals and skills of diving, including jumps, hurdles, and basic dives. Dry-land training will be included to improve flexibility, body awareness, balance, agility and confidence.
**ADVANCED DIVING**

DATES: June 14-18  
AGES: Grades 7-12 (Limited Enrolment)  
TIME: 1:30 – 2:30 pm  
PLACE: SLCFAC  
REGISTRATION: Camp Registration  
INSTRUCTORS: Coach Kelly  
FEE: Resident: $60.00 (shirt included)  
Non-Resident: $75.00 (shirt included)  
Students should be working towards a 6 or 11 dive list. Divers will work on entries, hurdles, flexibility, new dives and problem dives. Dry-land training will include work on strength, flexibility and balance.

**FOOTBALL SKILLS CAMP**

DATES: June 21-24  
Grades 2-8  10:00-11:30 am  SLHS  
FEE: Resident: $30.00  
Non-Resident: $45.00  
PLACE: SLHS Lacrosse Field  
REGISTRATION: Camp Registration  
INSTRUCTORS: Football Coaching Staff  
This camp is designed to teach fundamental football skills. All participants will receive a football.

**SOCCER CAMP (Co-Ed)**

DATE: June 14-17  
TIME: Grades 3-5  9:00–10:30 am  
Grades 6-8  10:30 am–12:00 noon  
PLACE: SLHS Turf Soccer Field  
REGISTRATION: Camp Registration  
INSTRUCTORS: Soccer Coaching Staff  
This fun camp will further enhance the player’s basic skills. Topics covered are passing, shooting, and dribbling. Our goal is to have fun, learn skills, and encourage growth for the community of soccer.

**GIRLS SOFTBALL CAMP**

DATES: July 12-14  
TIME: Grades 5-7  10:00-11:30 am  
Grades 8-10  11:30 am–1:00 pm  
PLACE: SLHS Varsity Softball Field  
REGISTRATION: Camp Registration  
FEE: Resident $20.00  
Non-Resident $35.00  
INSTRUCTORS: Softball Coaching Staff & Varsity Players  
Instruction will include all skills and fundamentals.  
EQUIPMENT: Any and all softball equipment and attire. Some equipment can be provided.

**SWIM LESSONS**

*(at least 5 years old by September 1, 2021)*  
DATES:  
1st Session June 7-18  
2nd Session June 21-July 2  
3rd Session July 12-23  
TIME:  
Monday–Friday  
8:00 am–12:00 pm  
35 minute lessons (2 weeks)  
PLACE: SLCFAC  
REGISTRATION: Camp Registration  
Payment should be returned by May 27th for Session 1. Class sizes are limited. **DO NOT register at the SL Aquatic Center.** Schedule for Session 1 will be emailed by the end of May.

**COMPETITIVE SWIM TEAM**

*(Must be able to swim one length of the pool with face in the water)*  
DATE: June 21 – July 15  
TIME:  
Beginners (8 & Under): 1:00-2:00pm  
Intermediate (9-12 yrs.): 1:00-2:00pm  
Adv./workout (13 & older): 2:00-3:00pm  
PLACE: SLCFAC  
REGISTRATION: Camp Registration  
INSTRUCTORS: Coach Laurel & SL Varsity Swimmers  
Adjustments to participant’s practice time may vary according to ability.  
*SHIRTS available only to those registered by June 21.*

**STROKE CLINIC**

*(Must be able to swim one length of the pool with face in the water)*  
DATE: June 14-18  
TIME:  
10 years and under: 1:00–2:00 pm  
11 years and over: 2:15 – 3:15 pm  
PLACE: SLCFAC  
REGISTRATION: Camp Registration  
INSTRUCTORS: Coach Laurel and SL Varsity Swimmers
**Tennis Lessons**
3 weeks each session (M–TH)
**DATES:**
1st Session  June 7-June 25
2nd Session  July 5–July 23

**ONE INSTRUCTOR FOR EVERY EIGHT PLAYERS**
Little Stars (4-8 years old)  11:20 am–12:00 pm
Beginners (8 years & up)  8:00–8:40 am  OR  8:50–9:30 am
Adv. Beginners (must have had Beginners)  9:40–10:20 am  OR  10:30–11:10 am

**PLACE:**  SLMS Tennis Courts, Hammond St.
**FEE:**  
Resident  $30.00  
Non-Resident  $50.00  

**REGISTRATION:**  [Camp Registration](#)

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**Track & Field**
**DATES:**  June 21-24
**TIME:**  5:00-6:00 pm (Grades 2-5)
           6:15-7:30 pm (Grades 6-8)
**PLACE:**  Spring Lake High School Track
**REGISTRATION:**  [Camp Registration](#)
**INSTRUCTORS:**  Track & Field Coaching Staff, past & present SL Track & Field Athletes
**FEE:**  
Resident: $20.00  (shirt extra)
Non-Resident: $35.00  (shirt extra)

This camp will teach the basics of track & field events, including sprints, hurdles, relays, distance running and field events, ending with a mini meet.

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**Girls’ Volleyball Camp**
**DATES:**  June 14-17
**TIME:**  
Grades 9-12  9:00–11:00 am
Grades 7-8  11:30 am–1:00 pm
Grades 4-6  1:00–2:30 pm

**PLACE:**  SLHS Gym
**FEE:**  
Resident  $20.00  (shirt extra)
Non-Resident  $35.00  (shirt extra)

**REGISTRATION:**  [Camp Registration](#)
**INSTRUCTORS:**  SL Volleyball Staff & Players

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**Boys’ Volleyball Camp**
**DATES:**  June 14-17
**TIME:**  
Grades 7-8  3:30-5:00 pm
Grades 9-12  5:00-6:30 pm

**PLACE:**  SLHS Gym
**FEE:**  
Resident  $20.00  (shirt extra)
Non-Resident  $35.00  (shirt extra)

**REGISTRATION:**  [Camp Registration](#)
**INSTRUCTORS:**  SL Volleyball Staff & Players

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**Wrestling Camp**
**DATE:**  June 21-24
**TIME:**  Grades 2 – 12  8:30-10:00am
**PLACE:**  SLHS
**FEE:**  
Resident  $20.00
Non-Resident  $35.00

**REGISTRATION:**  [Camp Registration](#)
**INSTRUCTORS:**  Wrestling Coaching Staff
Beginners— introduction to wrestling and basic skills
Advanced— intense wrestling focus and conditioning camp.

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**Yoga**
**DATES:**  July 12-15 (Grades K-2)
**TIME:**  9:00-10:15 am
**PLACE:**  Spring Lake Middle School Small Gym
**FEE:**  
Resident  $25.00
Non-Resident  $40.00

**REGISTRATION:**  [Camp Registration](#)
**LIMIT:**  16 campers per session (first come/first served)
**Session may be cancelled due to low enrollment.**
**INSTRUCTOR:**  Lauren Scholtz, Certified Instructor
Spend 75 minutes practicing yoga! We will learn new tools to energize our bodies as well as finding ways to focus and relax. During this one hour class we will be reading stories using yoga moves, playing games, working with partners and challenging our minds and bodies.

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**All Registration Forms & Payments To:**

Spring Lake Recreation Commission
345 Hammond Street, Spring Lake, MI  49456

**QUESTIONS or SUGGESTIONS FOR A BETTER PROGRAM?**
**CALL BILL CORE, DIRECTOR OF RECREATION COMMISSION, (616) 846-5502.**

Greater Spring Lake Area Recreation Commission does not discriminate on the basis of race, color, religion, gender, national origin, age, height, weight, marital status, handicap, disability, or limited English proficiency in any of its programs or activities. This commission has been designed to handle inquiries regarding discrimination policies: Greater Spring Lake Area Recreation Commission, 345 Hammond St, Spring Lake, MI 49456, (616)846-5502.
**SUMMER THEATER EXPO 2020**  
“Disney’s Moana Jr.”

**AUDITIONS:**  
HS Auditorium  
June 7  6:00-9:00 pm (Last names A-L)  
June 8  6:00-9:00 pm (Last names M-Z)  
June 9  6:00-9:00 pm (Callbacks, if needed)

**REHEARSAL:**  
June 14–July 17, HS Auditorium  
M–F from 9:00 am–12:00 noon

**DATE OF PLAY:**  
July 16 & 17 at 7:00 pm

**PLACE:**  
SLHS Auditorium

**REGISTRATION:** [Camp Registration](#)  
(Must be registered and paid to audition.)

**GRADES:**  
Grades 5–8

**COST:**  
Resident  $100.00 per child  
Non-Resident  $125.00 per child

**DIRECTOR:**  
Shaylynn Chalupa with HS Drama Students

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**TEEN MUSICAL THEATRE INTENSIVE**

**REHEARSAL:**  
June 21-July 3, HS Auditorium  
M–F from 12:30-5:00 pm

**SHOW DATES:**  
July 2 & 3 at 7:00 pm

**PLACE:**  
SLHS Auditorium

**REGISTRATION:** [Camp Registration](#)

**GRADES:**  
Grades 9-12

**COST:**  
Resident  $80.00 per child  
Non-Resident  $100.00 per child

**DIRECTOR:**  
Shaylynn Chalupa

Musical Theatre Intensive will combine various elements of musical theatre, including songs from new musicals on Broadway and beloved classics. Students will be led through this session of singing, staging production numbers and learning and performing choreography. Being able to read music and willing to dance is a must!

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**THEATER EXPO, JR.**  
“How To Be A Pirate”

**REHEARSAL:**  
July 5-July 15, HS Auditorium  
M–F from 1:00-4:00 pm

**DATE OF PLAY:**  
July 14 & 15 at 7:00 pm

**PLACE:**  
SLHS Auditorium

**REGISTRATION:** [Camp Registration](#)

**GRADES:**  
Grades 1–4

**COST:**  
Resident  $80.00 per child  
Non-Resident  $100.00 per child

**DIRECTOR:**  
Shaylynn Chalupa with HS Drama Students

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**SPRING LAKE PARKS & RECREATIONAL AREAS**

**LAKE AVENUE BEACH**  
*(Located in the Village at the End of Lake Ave.)*

Enjoy this sandy beach on the shores of Spring Lake.

**CENTRAL PARK PLAYGROUND/PICNIC AREA**  
*(Located in the Village off Fruitport Road)*

Softball, baseball, basketball, pickleball and tiny tot playground are part of Central Park. For shelter reservations contact the Village of Spring Lake at 842-1393. Lights will be on until 11:00 pm.

**LINEAR PARK/WALKING TRAIL**  
*(Adjacent to Central Park from Fruitport Road to downtown Spring Lake)*

The asphalt path is 1-3/8 miles long and includes resting benches, water fountains, and lights. It is plowed and maintained year round.

**RYCENGA PARK (80 ACRES)**  
*(Located at the north end of West Spring Lake Road)*

Rycenga Park includes soccer & softball fields, basketball courts, several covered picnic areas with grills nature trails, and a large parking area. The quiet side of the park has a 400’ boardwalk with overlooks to the walking trails. Contact Spring Lake Township at 842-1340 to reserve one of the sheltered areas.

**WATER TOWER PARK (3 ACRES)**  
*(Located at the intersection of Van Wagoner Road and West Spring Lake Road)*

The park includes basketball courts, tennis court, picnic tables and a large field for soccer or open recreation.